## **LEARN TO REACH** CAPS ACTIVITIES



REACH Caps are the perfect visual tool for participants that want to extend their REACH. They can practice "Thinking" in different REACH styles by incorporating them into almost any group activity.

Participants learn to not only appreciate the strengths of their own REACH Style but also of the REACH Styles of others. REACH Caps were originally designed for an activity called "Thinking in Color" which we have provided here.

## THINKING IN COLOR A LEARN TO REACH CAPS ACTIVITY

Extend the learning outcomes of your interactive activities and role-playing by Thinking in Color with REACH Caps. Allocate a REACH Cap to each of your participants that is *NOT* their REACH Style/Quadrant. When wear the particular REACH Cap for the activity or role play they must focus on behaving and "thinking" in that particular REACH Style/Quadrant.

Having participants act and think as a different REACH Style/Quadrant that is not the way they would usually behave or approach a problem, they learn to appreciate the different communication, conflict handing, delegating, planning and learning styles of others that will allow them to increase their REACH.



The Driver - Focus on Actions and Outcomes



The Coach – Focus on People and Action



The Advisor – Focus on Detail and Doing



The Counselor – Focus on People and Detail



**TIP:** If you have time try and get your participants to think in at least two different REACH styles/quadrants and ensure that you do a debrief at the end of each session to discuss the insights they have gathered from REACHing into a style/quadrant that is not their own.

